

School District #62 (Sooke)

SAFE & HEALTHY SCHOOLS	No.: B-129
	Effective: June 23/09 Revised: Oct. 27/15 Reviewed: May 11/15; Sept. 22/15; Sept. 29/15

ADMINISTRATIVE REGULATIONS

Sooke schools strive to promote mental and physical wellness through:

- Healthy physical and social environments.
- Effective teaching and learning to achieve the knowledge and skills needed for mental and physical wellness.
- Strong partnerships with the health sector and other community services that contribute to wellness.

Through attention to each of these areas the Board acknowledges the unique position that schools play in being able to directly influence students’ sense of belonging and student physical and emotional health.

In regard to safety, the District will pay particular attention to:

- Maintaining safe physical conditions on school properties.
- Observing and enforcing safe practices, particularly in those areas of instruction and student activities which present special hazards.
- Offering safety education to students as pertinent to particular subjects and activities.
- Enforcing codes of student conduct.
- Meeting requirements of regulatory safety agencies.

The District will cooperate and communicate with the municipalities, RCMP, the fire departments, the Emergency Preparedness offices, and Island Health (VIHA) for the safety of students.

Components of a Health Promoting School

A health-promoting school provides guidance for the integration of the following:

- Sense of Belonging.
- Health curriculum and instruction.
- Support services for students and their families.
- A safe and healthy physical environment within the school and community.
- Social support from families, peers, school staff, the larger community and public policy.

Health promotion needs to be flexible and practical and solutions should reflect the needs, issues and concerns of individual students, families, schools and community. As a result, plans for health

promotion need to be developed, or maintained, that are unique to each setting. In order to assist schools in creating unique and comprehensive solutions, the following domains are identified as key areas to be addressed:

- Teaching and Learning. Within this domain schools ensure that curricular areas, as prescribed through Ministry of Education learning outcomes, are being followed and, where possible, partnerships that inform and enhance instruction in mental and physical wellness are developed and maintained.
- The school environment, culture and organization. Within this domain health-promoting schools will look at the entire environment of the school, encompassing the physical and social environments, to ensure that a safe and healthy school environment exists.

Reporting on School Activities

Each school shall provide evidence to the Assistant Superintendent outlining activities that have taken place relating to Safe and Healthy schools.

Resources

Healthy Schools BC

http://www.bced.gov.bc.ca/health/healthy_eating/food_guidelines/

BC School Guidelines for Food and Beverage Sales in BC Schools (2013)

http://www.bced.gov.bc.ca/health/healthy_eating/food_guidelines/

Action Schools! BC:

<http://actionschoolsbc.ca>

Ministry of Education Integrated Resource Packages

- [Health and Career Education K to 7 IRP](#)  [2.27MB]
- [Health and Career Education 8 and 9 IRP](#)  [1.35MB]
- [Planning 10 IRP](#)  [1.59MB]
- [Physical Education IRPs](#)