



2016-17 Annual Report

Presented at SPEAC's Annual General Meeting on May 17, 2017

Brena Robinson, President

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Email: speac@sd62.bc.ca

Message from our Executive

Au si'em nu sii'ye'yu. Uy' Skweyul, huy' tseep q'u!

We want to acknowledge that SD62 is located in the traditional territories of the Songhees, Esquimalt, Sc'ianew, T'Souke, and Pacheedaht First Nations. We raise our hands and thank them for sharing their beautiful territory with us; where we live, learn, laugh, and love. Huy' ch q'u (with raised hands)!

This report will highlight the many events that SPEAC was involved in either via planning, coordinating, or participating. We hope you will see how important our work is and the benefits of being involved and participating. If you find this report interesting, it inspires you, and you find it encourages you to participate in SPEAC. Please email us and let us know what areas you are interested in participating in or helping with. Do not hesitate to contact us with a question, concern, or for information. **Email: speac@sd62.bc.ca**

"The DPAC is the legislated parent voice at the school district level, representing the collective views of PACs in a school district."

BC Ministry of
Education, Parental
Involvement In School



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2016-17 SPEAC Executive



Brena Robinson
President



Dory Thuot
1st Vice President



Melanie Armstrong
BCCPAC Representative



Crystal Andrews
Director



Teresa Mason
Director



Amanda Dohwy
Director



Cindy Andrew
Director



Yvonne Sundby
Director

Resigned Executive

We want to acknowledge Jean Grimshaw, Melissa McConnell, Mannie Ross, and Eldora Gruber for doing what they could to help us this year. Thank you!

Their absence left vacancies in the following positions

- Secretary
- Treasurer
- VP of Communications
- Director

"VOLUNTEERS DO NOT GET PAID -- NOT BECAUSE THEY ARE WORTHLESS, BUT BECAUSE THEY ARE PRICELESS!"

~ Sherry Anderson

SPEAC Reports

2017 BCCPAC Spring Conference and AGM

We sent eight delegates to the spring conference and AGM! There were eight workshop sessions on top of the three keynote speakers at the conference and we divided up to ensure a delegate attended each session.

DELEGATE INFO:

- Brena Robinson, President
- Melanie Armstrong, BCCPAC Representative
- Crystal Andrews, Director and BCCPAC nominee
- Dory Thuot, 1st Vice President
- Teresa Mason, Director
- Bree Milne, SPEAC Representative at Happy Valley Elem.
- Tarra Rossenke, President at Happy Valley Elem.
- Kristen Bingham, President at Spencer Middle School

CONFERENCE INFORMATION:

Keynote speakers	Workshop session 1	Workshop session 2
Anxiety in Schools – Kristin Buhr	Grad Transitions – Jan Unwin	Cultural Change – Suzanne Hoffman
Culture Building – Suzanne Hoffman	Mental Health in School Culture – Kristin Buhr	Liabilities of Raising Teens – Maria Dawson
Benefits of Inclusion – Faith Bodnar (joined by Sherri Brown, Richard Steward, Cyndi Gerlach)	The RULER Approach: Building Emotionally Literate Schools, Families, and Communities – Tamara Banks	Advocacy 101 – Susan Wilson
	New Student Learning Survey and Parent Survey Refresh – Darlene Therrien and Gerald Morton (MOE)	So We Have a Revised Curriculum: What does this mean for my child? – Jenny Garrels

BCCPAC ANNUAL GENERAL MEETING

Congratulations to our very own Crystal Andrews, who was elected as a Director for a two-year term. Jen Mezei was elected as President to complete the remaining one-year term, and Gord Beyers was elected as 1st Vice President for a two-year term.

There will be a by-election for the following positions: treasurer (2-year term), director (2-year term), and 2nd Vice President (one-year term). Process as follows:

- Tuesday, May 9th, formal announcement of accepting nominations
- May 31 at 11:59 pm nomination deadline
- June 2nd voting packages mailed
- July 3rd voting packages returned and must be date-stamped by
- July 14th announcement of elected representatives

The AGM had 14 resolutions, details available on the BCCPAC website. As we are a growing district, with a large capital wish list, here are the resolutions passed that pertain to capital and ones I thought would be of interest:

- BCCPAC will advocate for a single occupant washroom (and capital costs to build/convert) in each school
- BCCPAC will advocate for a single occupant changeroom (and capital costs to build/convert) in each school
- BCCPAC insist that the costs of purchasing, maintenance, and relocation of portables be funded with capital grants by the MOE above and beyond the current operating and capital formula and that all new portables are equipped with a washroom. Furthermore, existing portables of growing districts be temporary with a timeline defining temporary use be clearly outlined pending plans for new schools.
- BCCPAC meet with the Ministries of Education and Finance to advocate for the provision to cover increased cost incurred by districts related to negotiated wage increases for school administrators.
- BCCPAC advocate for the need of the Ministry to work with the school district to ensure checks and balances and minimum levels of protection are in place to prevent the unintentional and intentional access of inappropriate materials on school provided internet.
- BCCPAC advocate that with the introduction of mental health information and services to children and youth in BC through schools, that the level and quality of services increase to meet the needs of students without additional cost to parents.

SPEAC Emergency Planning Committee - End of Year Report

The SPEAC emergency planning committee held its first meeting on October 26th, 2016. Since then our committee has grown to 18 regular members and 29 people on our email list; including PAC emergency representatives, concerned parents, members of both Sooke and Langford emergency support services volunteers, and representatives from the Sooke62 superintendent's office.

The main focus areas of our committee this year were:

1. Earthquake supplies and emergency procedures in our schools
2. Providing emergency planning support, education, and advocacy to parents
3. Encouraging inter-school cooperation in emergency planning

OUR PROGRESS:

1. Earthquake supplies and emergency procedures in our schools

Emergency Supplies -The committee met with several representatives from our local emergency support services organizations and drafted a list of basic/minimum emergency supplies which should be available on site at each school.

We are now in discussion with representatives from the superintendent's office about the best way to ensure that each of our schools meets this basic level of supplies, and the best way to ensure these supplies are purchased and maintained.

Our committee will be submitting a motion to request that SPEAC advocate for Ministry funding of emergency supplies for each school, and a paid coordinator position to maintain those supplies and facilitate emergency planning in our district.

Going forward, we will also be talking to Facilities and the superintendent's staff about the construction of permanent emergency supplies storage on site for each of our schools.

Emergency Release Drills – assistant superintendent Paul Block has met with us to discuss improvements to the emergency release drills we will be seeing in the next school year. These will include improvements to the release forms,

updates to the emergency release drill procedures, and a staggered rollout of annual release drill practices for each school in our district, currently scheduled to coincide with the Great BC Shakeout earthquake drill in October 2018.

2. Providing emergency planning support, education, and advocacy to parents

We have focussed this year on gathering information from our parents about the current state of emergency supplies and planning in their schools, and their key areas of concern.

Going forward, it is our goal to staff an emergency planning information table at the PAC101 Night next year for new and returning PAC emergency planning reps, and to support our PACs in providing parent info/education around the emergency release drills and the importance of the emergency release forms.

We also plan to host an emergency preparedness workshop for parents in the new school year, focusing on family and community resiliency.

3. Encouraging inter-school cooperation in emergency planning

Our committee has been a great way for emergency reps and other PAC members to discuss what has worked and what hasn't for each school's emergency planning endeavors.

Going forward for next year, our committee will be inviting an emergency planning representative from Victoria District 61 to speak about their emergency planning procedures, and what they have found to be successful in their own emergency release drills.

CONCLUSION:

This has been a very busy starting year for our committee, and we continue to benefit from the huge support we have received from parents, PACs, school administrators, the superintendent and his staff, and our local emergency support services reps. We are excited to continue our efforts next year!

Financial Report

Income Statement

Statement of Receipts and Disbursements (Unaudited)

From July 1, 2016 to May 17, 2017

	Actual	Budget	Over (Under)
RECEIPTS			
BCCPAC Reimbursement	\$173.00	\$0.00	\$173.00
SD 62 Core Funding	7,032.60	9,250.00	-2,217.40
SD 62 Conference & District Meetings	2,250.00	2,000.00	250.00
SPEAC Membership	700.00	1,000.00	-300.00
Gaming	0.00	2,500.00	-2,500.00
	<u>\$10,155.60</u>	<u>\$14,750.00</u>	<u>-\$4,594.40</u>
DISBURSEMENTS			
All PVP & SPEAC Rep. Dinner	\$291.45	\$350.00	\$58.55
BCCPAC AGM and Meetings (Note 1)	4,941.40	3,500.00	-1,441.40
BCCPAC Membership (Note 2)	150.00	75.00	75.00
District meetings (Note 3)	1,000.00	0.00	-1,000.00
Office and Miscellaneous	174.57	500.00	325.43
PAC Summit End of Year Celebration	0.00	2,600.00	2,600.00
Parent Education (including food)	873.25	3,000.00	2,126.75
Vancouver Island Parent Conference	3,160.00	4,500.00	1,340.00
	<u>\$10,593.17</u>	<u>\$14,525.00</u>	<u>\$5,934.33</u>
Excess (Shortfall) of Receipts over Disbursements	<u>-\$437.57</u>	<u>\$225.00</u>	<u>\$1,339.93</u>

Note 1: Budget increased to \$4,500 at the April 19, 2017 SPEAC Meeting at John Muir

Note 2: 2016-17 and the 2017-18 BCCPAC memberships paid

Note 3: Parents representing SPEAC at district are reimbursed as per section 23 of SPEAC's bylaws.

General Bank Reconciliation - May 15, 2017

Balance per Bank Statement			\$7,633.69
Less: outstanding cheques			
	46	Cindy (Child minding)	\$50.00
	48	BCCPAC	1,400.00
	1000	Bree Milne (BCCPAC)	691.10
	1004	Tarra Rosenke (BCCPAC)	130.00
	1007	Yvonne	550.00
			<u>-2,821.10</u>
Reconciled balance			<u>\$4,812.59</u>
Balance according to books			\$4,812.59
Reconciled balance			<u>\$4,812.59</u>

Statement of Cash on Hand - as at May 17, 2017

Cash on hand as of,	01-Jul-16	\$5,141.79	
Revenue as of,	15-May-17	<u>10,155.60</u>	
Total Revenue			\$15,297.39
Total Expenditures as of,	15-May-17		<u>10,590.67</u>
Cash available as of,	15-May-17		<u>\$4,706.72</u>
Cash in Bank:			
Gaming account		1,642.17	
General account		<u>4,812.59</u>	
Cash on hand as of,	15-May-17		6,454.76
Outstanding payables:			
DASH funding			<u>1748.04</u>
Cash available for use as of,	15-May-17		<u>\$4,706.72</u>

SPEAC Events

Resilient and Flourishing Kids

Resilient and Flourishing Kids

October 12, 2016
7:00 – 8:30 pm

Royal Bay Secondary
3500 Ryder Hesjedal Way

RSVP to confirm your attendance
***complimentary child care available – registration via RSVP link below

For more info, email [Cindy Andrew](mailto:cindyandrew@gmail.com):
cindyandrew@gmail.com

RSVP by Oct. 7, 2016:
<https://www.eventbrite.ca/e/resilient-and-flourishing-kids-tickets-27924304346>

Organized by
SPEAC's Healthy Schools Committee

Sponsored by


~ Children & youth are reporting increased levels of stress and anxiety

~ Many do not know what it is like to feel calm

~ Learn about SD62's efforts to help promote the health and learning of our kids

Join us for up-to-date info and practical strategies to help children develop the resiliency they need to survive and thrive in our stress-filled, anxiety-inducing world.

Bring your Q's for this interactive evening!

Featuring: **Christine McGregor**, Acting District Principal, Student Support Services

We had 60 parents and 17 children registered!

For more info:

<http://www.sd62.bc.ca/parents/speac/resources/>

Sex & Drugs

SEX & DRUGS

WHEN
November 9, 2016
7:00—8:30 pm

WHERE
Belmont Secondary School
3041 Langford Lake Road

FEATURING - Jennifer Gibb on aka "The Sex Lady" - Has her MA and is a professional sexual health educator with Island Sexual Health- **Cindy Andrew - Centre for Addictions of BC at UVic and is a program consultant in addressing substance use with young people -**

EVENT FOR PARENTS & CAREGIVERS

CHILD MINDING
FREE—COMPLIMENTS OF SPEAC—**RSVP**

RSVP
Please **RSVP** here
OR type a address below
<https://www.eventbrite.ca/e/sex-drugs-drugs-48k-48k-27824710561>

SPONSORS
SPEAC—SD62 D-PAC

HIGHLIGHTS
Have we as or soon will? Join us for up-to-date important info that you need to support them in today's world. We'll talk about the BIG issues facing today's youth including: consent, sexual health, drugs, and decision making.

Bring your **TOUGH** questions!

We had 48 parents/caregivers and 6 children registered!

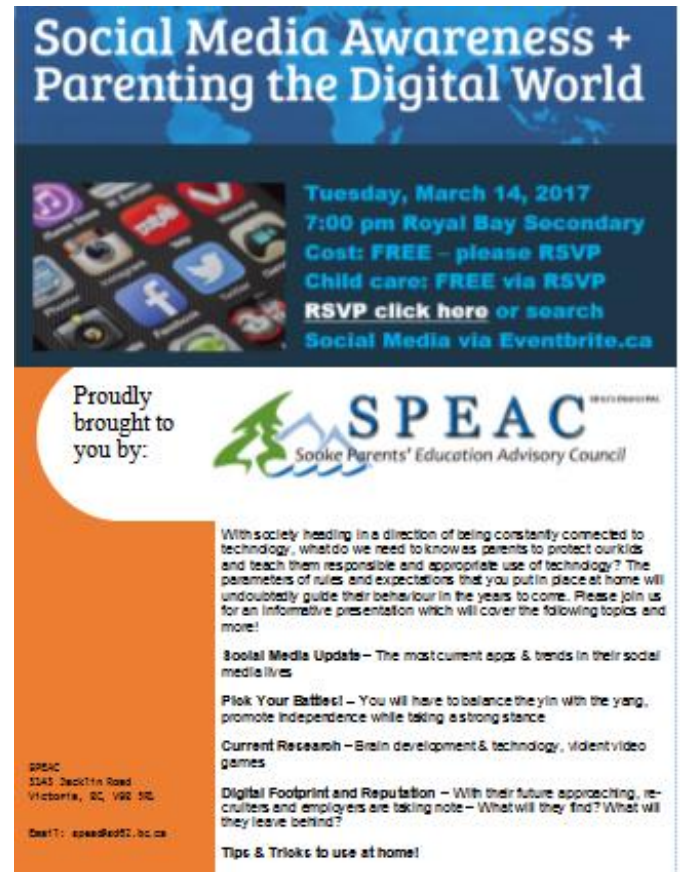
2017 VIPC - Connecting the dots: School, Home, & Community



SPEAC paid for 26 tickets for parents to attend this conference. This is the biggest turn out of SD62 parents in the history of the Vancouver Island Parent Conference. We look forward to sending even more parents the 2018 VIPC!

Please note that each school registered with SPEAC received codes for two tickets to attend the VIPC.

Social Media Awareness & Parenting in the Digital World



We had 122 parents/caregivers and 14 children registered!

Let's Talk About Drugs



LET'S TALK ABOUT DRUGS MAY 9TH 7:00 – 8:30 PM

In the Conference Room at Royal Bay Sec.

Have teens or soon will? Join us for up-to-date important info and tips geared to helping our kids survive and thriving in today's world where drug use is common.

- Learn about current trends related to youth substance use
- Gain the skills to talk comfortably
- Strengthen your relationship with your teen
- Learn about practical resources and services that can help!

Moderator: Christine McGregor, District Principal, Student Services, SD #62; The panel will include representatives from Island Health and the Centre for Addictions Research of BC



RSVP: [Eventbrite.ca](https://www.eventbrite.ca)
Search: Talk Drugs

Cost: FREE
Childminding: FREE via RSVP

University of Victoria | Centre for Addictions Research of BC

island health

SOOKE SCHOOLS 62
Sharing Tomorrow's Values

THIS EVENT IS BROUGHT TO YOU BY:

CARBC, Island Health, School District #62 – Sooke, and the Sooke Parents Education Advisory Council

We had 87 parents/caregivers and 8 children registered!

Upcoming Events

May 17, 2017 SPEAC's AGM

Where the 2017-18 Executive will be elected

June 14, 2017 PAC Summit and End of Year Celebration

Be sure to nominate a parent volunteer to be recognized and register to attend the event.

PAC 101 Night & Foods that Fit



Presents **PAC 101 NIGHT**

& Foods That Fit

ROYAL BAY SECONDARY
Thursday November 24, 2016

7:00 pm – 9:00 pm

Come join us for an evening of discussion and guidance. This evening is designed for all PAC members, whether you are new to your role or have been around for a while.

Meet and sample local hot lunch and snack providers, and share ideas with our community of PAC members from across SD62 District.

Please RSVP to <https://goo.gl/PMOKTk>

