

List of Food Security Resources in the Sooke School District Region (Aug/2024)

Agency / Group	What is offered and when	Contact Information
Goldstream Food Bank	The first three Tues & Weds of the month from 9:00am - 12:00pm (*see Calendar of Operations on their home page for any changes to schedule) 1 visit per month - ID required	761 Station Ave, Langford https://goldstreamfoodbank.org/ goldstreamfoodbank@gmail.com (250) 474-4443
Living Edge Neighbourhood Market	Every Friday from 12:00 noon to 1:00pm (tickets given out at 9:00 a.m.)	679 Goldstream Ave, Langford https://livingedge.ngo/markets/langford deborah@livingedge.ngo (250) 383-8915
Pacheedaht First Nation	Pacheedaht Health Department provides support to 150 community members	350 Kalaid St, Port Renfrew (250) 647-0065
Sooke Food Bank	The 1st, 2nd, & 3rd Thursdays of the month from 9:30-3:00	https://www.foodbanksooke.org/
Sooke Meals on Wheels	Provides hot meals Monday, Wednesday, and Friday (delivered 10:30-12:30) to any person unable to prepare meals for themselves. Cost for meals is \$7.00 per day.	https://www.sookemealsonwheels.com/
Salvation Army	Tuesday and Thursdays: 930am-12:00 p.m. Wednesdays and Fridays: 1:00 p.m. – 3:30pm Free Food Fridge & Bread Shelf (while supplies last) Hampers Available by appointment for low-income families in the Westshore (registration & proof of income required)	Connection Point Church and Resource Centre 103-737 Goldstream Ave. (Under Darcy's Pub) (778) 817-1141
Additional sources in the Greater Victoria area	Beyond the area served by SD62 there are more food access resources available in the Greater Victoria area.	https://flourishschoolfood.ca/res/download.php?id=48